

**“My partner always makes me feel guilty when I go out with my friends. They send me hundreds of text messages, checking where I am and who I’m talking to.”**

**THIS IS EMOTIONAL ABUSE  
AND IT IS FAMILY VIOLENCE.**

Help and support is available.



Contact a specialist service or visit  
**[www.safefromviolence.tas.gov.au](http://www.safefromviolence.tas.gov.au)**  
for more information.



# IN AN EMERGENCY, ALWAYS CALL TRIPLE ZERO (000)



## FAMILY AND SEXUAL VIOLENCE COUNSELLING AND SUPPORT

Safe at Home Family Violence Response and Referral Line (STATEWIDE)  
**1800 633 937**  
Available 24 hours

Statewide Sexual Assault Support Service (1800MYSUPPORT) (STATEWIDE)  
**1800 697 877**  
Available 24 hours

1800RESPECT: National sexual assault, domestic, family violence counselling service  
**1800 737 732**  
Available 24 hours  
[www.1800respect.org.au](http://www.1800respect.org.au)

Family Violence Counselling and Support Service (STATEWIDE)  
**1800 608 122**  
Monday to Friday: 9am - midnight;  
Weekends & public holidays: 4pm - midnight

Engender Equality (STATEWIDE)  
**(03) 6278 9090**  
Monday to Friday, 9am - 5pm  
[www.engenderequality.org.au](http://www.engenderequality.org.au)

Safe Choices (STATEWIDE)  
**1800 806 189**  
Monday to Friday, 9am - 5pm  
[www.safechoicesttas.org.au](http://www.safechoicesttas.org.au)

Yemaya Women's Support Service (NORTH)  
**(03) 6334 0305**  
Monday to Friday, 9am - 5pm

Anglicare (NORTH WEST)  
Relationship Abuse of an Intimate Nature  
**1800 243 232**  
Monday to Friday, 9am - 5pm

Huon Domestic Violence Service (SOUTH)  
**(03) 6224 2222**  
Monday to Friday, 9am - 5pm  
[www.huondomesticviolence.com.au](http://www.huondomesticviolence.com.au)

Laurel House (NORTH)  
**(03) 6334 2740**  
Monday to Friday, 9am - 5pm  
[www.laurelhouse.org.au](http://www.laurelhouse.org.au)

Laurel House (NORTH WEST)  
**(03) 6431 9711**  
Monday to Friday, 9am - 5pm  
[www.laurelhouse.org.au](http://www.laurelhouse.org.au)

Sexual Assault Support Service (SOUTH)  
**(03) 6231 0044**  
Monday to Friday, 9am - 5pm  
[www.sass.org.au](http://www.sass.org.au)

## CHILDREN AND YOUNG PEOPLE

Strong Families, Safe Kids Advice and Referral Line (STATEWIDE)  
**1800 000 123**  
Monday to Friday, 8:30am - 5pm  
[www.strongfamiliesafekids.tas.gov.au](http://www.strongfamiliesafekids.tas.gov.au)

Australian Childhood Foundation (STATEWIDE)  
**1300 381 581**  
Monday to Friday, 9am - 5pm  
[www.childhood.org.au](http://www.childhood.org.au)

Kids Helpline (STATEWIDE)  
**1800 551 800**  
Available 24 hours  
[www.kidshelpline.com.au](http://www.kidshelpline.com.au)

## MEN

Men's Referral Service (STATEWIDE)  
**1300 766 491**  
Available 24 hours  
[www.ntv.org.au](http://www.ntv.org.au)

MensLine Australia (STATEWIDE)  
**1300 789 978**  
Available 24 hours  
[www.mensline.org.au](http://www.mensline.org.au)

Relationships Australia Tasmania  
Men Engaging New Strategies (STATEWIDE)  
**1300 364 227**  
Monday to Friday, 9am - 5pm