
How to get help if you experience family violence or sexual violence



For more information visit
www.safefromviolence.tas.gov.au



Tasmanian
Government

In Tasmania family violence and sexual violence is against the law.

It is important to know what family violence and sexual violence is in Tasmania and how you can get help if you experience any of them while in Tasmania.

There are places and organisations in Tasmania that are set up to help people who may have experienced or are experiencing family or sexual violence.

If you are in a **life threatening emergency call 000** (triple zero) and let the operator know what is happening and where you are and Tasmania Police or other emergency response teams will be able to help you.

Sexual violence

Sexual violence is behaviour of a sexual nature directed towards a person that makes them feel uncomfortable, distressed or threatened and to which they haven't agreed.

Sexual violence includes a wide range of unwanted, non-consensual, traumatic and harmful sexual behaviours, including:

- Sexual harassment
- Technology-facilitated abuse
- Unwanted kissing
- Sexual touching
- Coercion
- Sexual assault, including rape
- Child sexual abuse

Family violence

In Tasmania family violence is any violent, abusive (emotional and physical) or controlling behaviour done by a person against their current or former spouse or intimate partner.

It is more than just physical violence and can include:

- Assault, including sexual assault
- Threats
- Coercion
- Intimidation
- Verbal abuse
- Abduction
- Stalking
- Bullying
- Economic abuse
- Emotional abuse
- Breaching any existing orders related to family violence
- Property damage
- An attempt to commit any of the behaviours listed above.



Getting help

Call the police on **000** if you are in a life-threatening emergency.

Police Assistance Line for non-emergencies
24 hours seven days a week **131 444**

For other help you can call:

Family Violence Counselling and Support Service
1800 608 122

9:00am – midnight (Monday to Friday)

4:00pm – midnight (weekends and public holidays)

Family Violence Response and Referral Line
24 hours 7 days a week **1800 633 937**

Statewide Sexual Assault Crisis Service
24 hours 7 days a week **1800 697 877**

