

“My partner never does anything right. I get so frustrated and always end up screaming at them.”

**THIS IS VERBAL ABUSE
AND IT IS FAMILY VIOLENCE.**

If your behaviour is affecting your relationship, take positive action.



Seek help and support from a specialist service or visit **www.safefromviolence.tas.gov.au** for more information.



IN AN EMERGENCY, ALWAYS CALL TRIPLE ZERO (000)



FAMILY AND SEXUAL VIOLENCE COUNSELLING AND SUPPORT

Safe at Home Family Violence
Response and Referral Line
(STATEWIDE)
1800 633 937
Available 24 hours

Statewide Sexual Assault Support
Service (1800MYSUPPORT)
(STATEWIDE)
1800 697 877
Available 24 hours

1800RESPECT: National sexual assault,
domestic, family violence counselling service
1800 737 732
Available 24 hours
www.1800respect.org.au

Family Violence Counselling and Support
Service (STATEWIDE)
1800 608 122
Monday to Friday: 9am - midnight;
Weekends & public holidays: 4pm - midnight

Engender Equality (STATEWIDE)
(03) 6278 9090
Monday to Friday, 9am - 5pm
www.engenderequality.org.au

Safe Choices (STATEWIDE)
1800 806 189
Monday to Friday, 9am - 5pm
www.safechoicestas.org.au

Yemaya Women's Support Service
(NORTH)
(03) 6334 0305
Monday to Friday, 9am - 5pm

Anglicare (NORTH WEST)
Relationship Abuse of an Intimate Nature
1800 243 232
Monday to Friday, 9am - 5pm

Huon Domestic Violence Service (SOUTH)
(03) 6224 2222
Monday to Friday, 9am - 5pm
www.huondomesticviolence.com.au

Laurel House (NORTH)
(03) 6334 2740
Monday to Friday, 9am - 5pm
www.laurelhouse.org.au

Laurel House (NORTH WEST)
(03) 6431 9711
Monday to Friday, 9am - 5pm
www.laurelhouse.org.au

Sexual Assault Support Service (SOUTH)
(03) 6231 0044
Monday to Friday, 9am - 5pm
www.sass.org.au

CHILDREN AND YOUNG PEOPLE

Strong Families, Safe Kids Advice
and Referral Line (STATEWIDE)
1800 000 123
Monday to Friday, 8:30am - 5pm
www.strongfamiliesafekids.tas.gov.au

Australian Childhood Foundation
(STATEWIDE)
1300 381 581
Monday to Friday, 9am - 5pm
www.childhood.org.au

Kids Helpline (STATEWIDE)
1800 551 800
Available 24 hours
www.kidshelpline.com.au

MEN

Men's Referral Service (STATEWIDE)
1300 766 491
Available 24 hours
www.ntv.org.au

MensLine Australia (STATEWIDE)
1300 789 978
Available 24 hours
www.mensline.org.au

Relationships Australia Tasmania
Men Engaging New Strategies (STATEWIDE)
1300 364 227
Monday to Friday, 9am - 5pm